

Coming Soon to Swanland!

From 11th March 2011 - Every Friday at 10am

Marie Bellamy Health and Fitness™ Introduces

Zumba!

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party™



THE LATEST DANCE FITNESS CRAZE TAKING THE UK BY STORM!

At the Swanland Village Hall, Main Street, Swanland.

£4.00 on the door OR pre-book 10 sessions for £35

Contact: Marie Bellamy Tel. 07753 410477 email: marie.bellamy@ntlworld.com

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Dance Yourself Fit

